

Prayer walking in our community

“I am giving you every square inch of the land you set your foot on.” Joshua 1:3

“There is not a square inch in the whole domain of our human existence over which Christ, who is Sovereign over all, does not cry, ‘Mine!’” Abraham Kuyper

You can go on a prayer walk on your own or with others. (Please bear in the mind the Covid19 restrictions on meeting others outdoors).

Choose a place to start/end. Think out in advance about where you want to walk and about what time you have available to you. You don't have to pray out loud or follow a set pattern or route. This is simply about getting creative with our prayers for our community and using more of our senses to guide our conversation with God.

From 24/7 Prayer

Do it: How to Prayer Walk

This uses WALK as an acronym, and contains 4 simple steps:

W – Worship

As you set off walking begin with your eyes on Jesus. It is always good to focus our attention on Him and remind ourselves that it is in Jesus' name we pray. To worship you might want to say the name of Jesus; recite a Psalm; hum a worship song; speak quietly in tongues – basically anything that helps declare the Lordship of Jesus over the streets you walk on.

A – Ask/Alert

Flowing from your worship begin asking God for His Spirit to fall on the streets you walk on, the homes, businesses, schools and other churches you walk past. Begin to get specific and pray for people and situations.

Be alert as you walk. Look around you – what do you see, whom do you see? E.g. if you pass a play park, could you pray for families in our community? If you see someone out in their garden, could you pray God's blessing on them and their home? If you go past a house that has a ramp to the door, could you pray for the health of the occupants?

L – Listen

As you worship and pray, leave space to listen to what God might want to say to you - then pray that back. Often God may give you promises from scripture or prophetic words and pictures; listen for promises and literally walk these promises all over your community.

If you are prayer-walking in twos, listen to one another's prayers and you will find yourself sparking off one another's words and thoughts.

Listen to what is going on around you. If you hear the laughter of children, could you be praying for their safety and for their ability to make good friends.

K - Know your Land

Get (and keep) yourself informed around the area you are prayer-walking; research some of its history; some of its ongoing problems; so you can pray for breakthrough. Get to know some of the current situations that require persevering prayer and also celebrate the particular graces that rest on the area, asking God to make your area a blessing beyond its borders.